

Newsletter

Autumn 2019

It's been a great start to the new school year! Student Nutrition Programs (SNPs) are up and running and we're reaching more students than ever. Here's a glimpse of what's new in the world of Toronto SNPs.

Food Safety Workshops

Have you attended an SNP Food Safety and Nutrition Training Workshop recently? At least one person trained in food safety within the past two years must be present at every SNP at all times. The Fall 2019 workshops have wrapped up for the year, but the Spring 2020 workshops are just around the corner, with new dates being posted soon.

For more information, check out the Toronto Public Health website. (<https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/student-nutrition-program/workshops-food-safety/>)



SNP Resources Available

Looking for SNP resources? Whether you're looking for ideas on how to recruit new volunteers, or how to raise funds for your SNP, the Student Nutrition Ontario-Toronto website has lots of resources to help you out. Log in through the Program Portal for special access to all our Program Resources.

Forgot the password? No problem!

Contact us at info@studentnutritionontariotoronto.ca and we'll provide it for you.

Visit the website at: www.studentnutritionontariotoronto.ca

REMINDER: SNP Applications, 2020-2021

It's almost time for SNP Applications.

Applications will be available online starting December 9, 2019 and are due by February 14, 2020. If you have any questions regarding your application, please contact your FoodShare Community Development Coordinator or your School Board Representative.

TFSS's Feed Tomorrow Bus Tour

This year marked the Toronto Foundation for Student Success's 15th annual feed tomorrow week and, as is tradition, it included a special visit to two Student Nutrition Programs with the VIP Bus Tour. On Wednesday October 23rd, a very special group of SNP supporters started their day bright and early with breakfast at the St. Lawrence Market, before hopping on a yellow school bus to travel "student-style" and visit some local SNPs.

The first stop was Lord Dufferin Public School. Our guests popped in to the cafetorium to see Lord Dufferin's wonderful breakfast program in action. Students enjoyed yummy pancakes, and we got to meet the wonderful volunteers hear all about how the program got started.

Then it was back on the bus for a short ride over to Blake Street Junior Public School. Here, guests accompanied students to deliver the Morning Meal bins to each classroom and had a great visit with the Junior Kindergartens, who had lots of stories to tell!

Thanks so much to everyone at Lord Dufferin PS and Blake St. Jr PS for welcoming us to your school and being such wonderful hosts.



Community Development Coordinator's Corner

Welcome back!! The year is already off to a roaring start and we're excited.

Our team has had a few changes since the last newsletter and we wanted to share them with you. Allow us to introduce ourselves as your FoodShare Community Development Coordinators (CDCs), formerly known as Animators.

Additionally, we are now a team of 10; Ulla, Nadira, Noellie, Ayesha, Angie, Iris, Mary, Tashiana and Cecilia, led by our manager Fiona.

Exciting changes but what does not change is our support to you and your program. Don't hesitate to contact your CDC with questions or for support. Looking forward to working with you this school year.

Fruits and Veggies - Fun Facts!



1. Eggplants, tomatoes, olives, avocados and pumpkins are all fruits, NOT veggies .



2. Technically, bananas are berries!



3. One strawberry has around 200 seeds.

4. Potatoes were the first vegetable to be grown in space.



5. When dropped, cranberries bounce.

6. A pomegranate can hold over 1,000 seeds.



7. Tomatoes are the most popular fruit in the world.

Want to learn more?

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